

ANCIENT CITY GYMNASTICS PARTICIPATION WAIVER

DISCLAIMER: ANCIENT CITY GYMNASTICS IS NOT RESPONSIBLE FOR ANY INJURY (OR LOSS OF PROPERTY) TO ANY PERSON WHILE PRACTICING, TRAINING, TAKING CLASS, COMPETING, PARTICIPATING IN OPEN GYM, SPECIAL EVENTS, DEMONSTRATIONS OR SHOWS, OR IN ANY OTHER WAY INVOLVED IN GYMNASTICS, CHEERLEADING, PRESCHOOL OR DANCE FOR ANY REASON WHATSOEVER, INCLUDING ORDINARY NEGLIGENCE ON THE PART OF ANCIENT CITY GYMNASTICS, ITS OWNER, OFFICERS, AGENT OR EMPLOYEES.

In consideration of my participation, I hereby release and covenant not to sue Ancient City Gymnastics and any of their employees, teachers, coaches or agents from any all present and future claims resulting from ordinary negligence of Ancient City Gymnastics, or others listed for property damage, personal injury or wrongful death, arising as a result of my engaging in or receiving instruction in gymnastics, dance or any other activities or any activities incidental thereto, wherever, whenever or however the same may occur. I hereby voluntarily waive all claims resulting from ordinary negligence, both present and future, that may be made by me, my family, estate, heirs or assigns. Further, I am aware that gymnastics and dance are vigorous sporting activities involving height and rotation in a unique environment and as such they pose a risk of injury. I understand that gymnastics, dance and related activities always involve certain risks, including but not limited to death, serious neck and spinal injuries resulting in complete or partial paralysis, brain damage and serious injury to virtually all bones, joints, muscles and internal organs and that the mats and other safety equipment and apparatus provided for my protection, including the active participation of a coach or teacher who will spot or assist in the performance of certain skills may be inadequate to prevent serious injury. The risk of harm may be limited by all the safety equipment and trained coaches, but never eliminated. I understand that participation in gymnastics and related activities involves activities incidental to active participation in gymnastics, including moving from event to event, conditioning, stretching and other activities which may leave me vulnerable to the reckless actions of other participants who may not have complete control over their actions or knowledge of the risks involved and hereby agree to accept my and all inherent risks of property damage, personal injury or death.

I further agree to indemnify and hold harmless Ancient City Gymnastics and all other listed for any and all claims arising as a result of my engaging in or receiving instruction in Ancient City Gymnastics, activities or any activities incidental thereto, whenever, wherever or however the same may occur. I understand that this waiver is intended to be as broad and as inclusive as permitted by the laws of the State of Florida and agree that if any portion is held invalid, the remainder of the waiver will continue in full legal force and effect. I further agree that the venue for any legal proceedings shall be within the State of Florida. I affirm that I am of legal age and am freely signing this agreement. I have read this form and fully understand that by signing this form, I am giving up legal rights and or remedies which may be available to me for the ordinary negligence of Ancient City Gymnastics or any person listed above. **PHOTO RELEASE:** By entering Ancient City Gymnastics and participating in its activities, I hereby grant Ancient City Gymnastics on behalf of my myself and on behalf of my child(ren)/ward(s), the irrevocable right and permission to photograph and/or record me or my child(ren)/ward(s) in any manner and all media now and hereafter known, in perpetuity throughout the world, without restriction as to alterations. I waive any right to inspect or approve the use of the photographs and/or recording, and acknowledge and agree that the rights granted to this release are without compensation of any kind. I further grant permission and waive any objection to the use of any video graphic or photo graphic images taken by me which may subsequently be posted to public social media internet sites, or disseminated to the public. I further grant permission and waive any objection to the use of video graphic or photo graphic images taken by me within Ancient City Gymnastics which may subsequently be posted to public, social media internet sites, or disseminated to the public. I acknowledge that Ancient City Gymnastics may at their discretion, utilize these videos or images for business purposes and may do so without any further express consent.

*****A waiver must be completely filled out and signed for each participant*****

Participant Name: _____ Participant DOB: _____

Parent/Guardian Name _____ Phone # _____

Email address: _____ Date: _____

Emergency Contact Name: _____ Phone: _____

Parent/Guardian Signature _____